

A beneficiary agency of Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties.

\*Note: Pools close 30 minutes prior to the close of the Byer Athletic Center.

Regular Hours	Byer Athletic Center	Early Childhood Education	Membership Office	Administration Office	Welcome Center
MON Sept 3 Labor Day	8:00 am – 5:00* pm Mon – Fri 5:30 am – 11:00 pm Sat – Sun 7:00 am – 7:00 pm	Closed	9:00 am – 4:00 pm Mon – Fri 9:00 am – 8:00 pm Sat – Sun 9:00 am – 5:00 pm	Closed	Closed
WED Sept 12 Erev Rosh Hashanah	5:30 am – 5:00* pm	7:30 am – 5:00 pm	9:00 am – 4:00 pm	8:30 am – 5:00 pm	8:00 am – 5:00 pm
THU Sept 13 Rosh Hashanah	Closed	Closed	Closed	Closed	Closed
FRI Sept 14 Rosh Hashanah	Closed	Closed	Closed	Closed	Closed
FRI Sept 21 Erev Yom Kippur	5:30 am – 5:00* pm	7:30 am – 5:00 pm	9:00 am – 4:00 pm	8:30 am – 5:00 pm	8:00 am – 5:00 pm
SAT Sept 22 Yom Kippur	Closed	Closed	Closed	Closed	Closed
WED Sept 26 Erev Sukkot	5:30 am – 11:00* pm	7:30 am – 5:00 pm	9:00 am – 8:00 pm	8:30 am – 5:00 pm	8:00 am – 5:00 pm
THU Sept 27 Sukkot	5:30 am – 11:00* pm	Closed	9:00 am – 8:00 pm	Closed	Closed
WED Oct 3 Erev Shemini Atzeret	5:30 am – 11:00* pm	7:00 am – 6:00 pm	9:00 am – 8:00 pm	8:30 am – 5:00 pm	8:00 am – 5:00 pm
THU Oct 4 Atzeret	5:30 am – 11:00* pm	Closed	9:00 am – 8:00 pm	Closed	Closed

## holiday hours • september / october 2007

**Broadway by the Bay presents the memorable musical, Annie Get Your Gun**  
 September 20 – October 7 at the San Mateo Performing Arts Center  
 PJCC Members - enjoy a special 20% discount at the matinee performance on Sunday, September 23! Stay for a free post-performance discussion with Joe Marchi, lecturer and founder of "The Center for the American Musical!"  
 Mention the code "PJCC" when you call 650.579.5565.

Fee Information: \*Discount on Non-Member rates available to Foster City residents for most programs. Quantities are limited.



**Shabbat Dinners for Ten**  
 Friday, October 26 • 7:00 – 11:00 pm  
 Enjoy an intimate dinner facilitated by local experts for engaging conversation! \$15 M/\$18 NM\*



**Young Adult Napa Winery Tour**  
 Sunday, October 21 • 8:30 am – 6:00 pm  
 Explore Napa's finest! \$40 M/\$40 NM



**Exploring Opera: Tutti Verdi – Part I**  
 Tuesdays, October 9 – November 13 • 7:00 – 9:00 pm  
 Explore Verdi's earliest works, which signaled the discovery of this great Italian composer. \$75 M/\$98 NM\*



**Sunday Cinema Presents Monsieur Ibrahim**  
 Sunday, October 7 • 2:00 – 4:00 pm  
 Enjoy this gentle French film about the friendship between a Jewish teenager and an elderly Turkish Muslim, played by Omar Sharif. \$5 M/\$6 NM\*

**Sign, Say, & Play**  
 Wednesdays, September 19 – October 24 • 9:30 – 10:15 am  
 Can you "read" your baby? Learn how through inventive play. \$145 M/\$165 NM\*



**Baby Signs Workshop**  
 Thursday, September 6 • 6:00 – 8:00 pm  
 As seen on Oprah and 20/20. Learn strategies to sign with your baby! \$65 M/\$75 NM\*

## Program Spotlights

ADDRESS SERVICE REQUESTED

Your Center for Life  
**PJCC**  
 Peninsula Jewish  
 Community Center  
 800 Foster City Blvd.  
 Foster City, CA 94404



Nonprofit  
 Organization  
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 San Mateo, CA  
 Permit No. 822



# View



SEPT / OCT 2007 • ELUL / TISHREI / CHESHVAN 5768

NEWSLETTER OF THE PENINSULA JEWISH COMMUNITY CENTER

## THIS ISSUE

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### Email Newsletter

Visit [www.pjcc.org](http://www.pjcc.org) to sign up now!

### Online Registration

Register for your favorite class at "Online Registration" at [www.pjcc.org](http://www.pjcc.org).

### For More Information

Learn more about PJCC programs or events. Visit [www.pjcc.org](http://www.pjcc.org) or call 650.212.PJCC (7522).

### Questions or Comments?

Your feedback is welcome at [editor@pjcc.org](mailto:editor@pjcc.org).

CenterView is published by:

**Peninsula Jewish Community Center**  
800 Foster City Blvd.  
Foster City, CA 94404  
P 650.212.PJCC (7522)  
F 650.378.2799  
[www.pjcc.org](http://www.pjcc.org)



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## a season of high holy days

Each year, under the glow of the harvest moon, the Jewish Community welcomes the High Holy Day Season. It is a time to examine our lives, behavior and relationships, so that we might improve ourselves and become better human beings.

This concept, known as **teshuvah** (return), allows us to work toward a state of spiritual wholeness in time for the New Year; we are returning to our purest, "best selves."

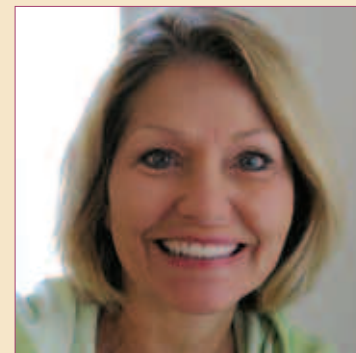
In the spirit of **teshuvah**, we ask:



**Jim Scheinman**  
(Member since 1998)

*"I will be more conscious to do things that are helpful for our environment. The upcoming year is one for action on being green, not just talk."*

### In the coming year, how might



**Joie Van Tilburg**  
(Member since 2005)

*"I will be more conscious of eating healthy, organic foods by eating out less and buying the best produce I can find."*



**Andrea Brown**

*"For some time now it's been on my mind to do volunteer work. That's my goal for the New Year."*

**Kathy (and Jason) Tofigh**  
(Member since 2005)

*"When I'm with my kids, I'd like to really be attentive to their needs. I want to be a more engaged parent, not just physically, but mentally, too."*



**Bill Hajjar**

(Member since 2004)  
*"For the New Year, I want to be more patient with family and friends. And I'd like to try to be nice to at least one new person every day."*

### you become a better person?



# a season of high holy days

Always beginning at **erev** (sundown), Jewish holidays are the same date yearly on the Jewish calendar, but move around on the civil calendar, due to the shifting number of days that make up the Jewish lunar-solar calendar. To our non-Jewish friends, we hope you will enjoy learning a little about these special days.

## Rosh HaShanah

**September 13 -14**  
1 - 2 Tishrei

The Jewish New Year is marked by synagogue attendance and festive meals with apples and honey, along with other fruits such as pomegranates, symbolizing a sweet new year. A round **challah** (HOL-uh) bread represents the cyclical nature of life.

ראש השנה

## Yom Kippur

**September 22**  
10 Tishrei

This solemn Day of Atonement is marked by a 25-hour fast and penitential prayers. Some choose to wear white on this day to symbolize their wish for a pure start in the New Year.

יום כפור

## Sukkot

**September 27 - 28**  
15 - 16 Tishrei

This holiday marks the time when the Jews dwelt in the Sinai wilderness en route to the Promised Land of Israel. **Sukkot** (temporary huts) are built and decorated with pumpkins and gourds. During the week-long festival, parties and meals are held inside.

סוכות

## Shemini Atzeret

**October 4**  
22 Tishrei

On this day, people attend synagogue and pray for rain, as this day marks the end of the harvest and the beginning of a hopefully rainy season in Israel.

שמיני עצרת

## Simchat Torah

**October 5**  
23 Tishrei

Jewish communities worldwide rejoice by dancing with the Torah (the five books of Moses). Simchat Torah (Joy of the Torah) marks both the ending and the beginning of the annual Torah cycle, the time when the text has been read in its entirety.

שמחת תורה

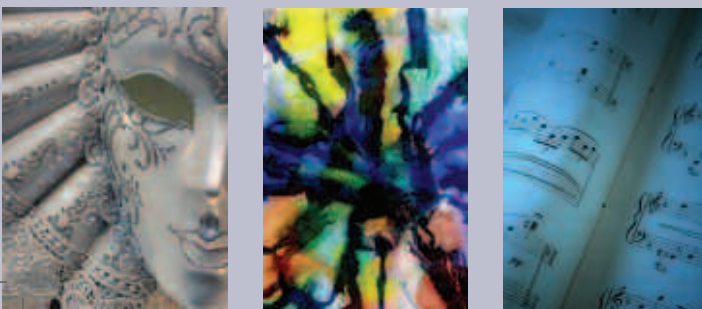
## CELEBRATE AT THE CENTER

Rosh HaShanah Crafts in the Lobby • **FREE!** • Tuesday, September 11 • 12:00 – 4:30 pm

Sunday in the Sukkah: A Family Concert! Sunday, September 30 • 1:00 – 3:00 pm

# The Jewish Life Cycle

CULTURAL EVENTS EXPLORING LIFE IN ALL ITS FULLNESS



This fall, the PJCC Cultural Arts department proudly presents “The Jewish Life Cycle,” an exhilarating, poignant and pithy five-part series that will explore life in all its fullness. From the joy of birth to the finality of death, every stage of life is precious and unique. We invite you to join us for the journey, starting in September/October with “Birth and Beginnings.” Read about exciting Jewish Life Cycle programs in the special color insert found in the September/October Program Guide, or call 650.212.PJCC (7522).

**Birth and Beginnings: September/October**

**Coming of Age: November/December**

**Love and Companionship: January/February**

**The Wisdom Years: March/April**

**Endings: May/June**

The PJCC Cultural Arts Jewish Life Cycle is made possible by generous grants from the Walter and Elise Haas Fund, the Koret Foundation, Richard and Rhoda Goldman Fund and the Eva Chernov Lokey Endowment for Programs.

# Barracudas Perform Mitzvot at Special Olympics



May the PJCC boast about *your* children? This past spring, youth swim coach, Dana Froomin, along with ten PJCC Barracuda swim team members, volunteered at an extraordinary event: the 2007 Special Olympics Northern California Stanford Games.

PJCC swim team members rallied and rooted for the Olympians, supported special needs, and actively bonded with the athletes. Said Coach Dana, "Our swimmers had a great time and found it a very exciting and rewarding experience."

## Get Involved Through Social Action!



Be on the lookout for this new logo! Throughout the year, the PJCC will be offering different social action programs that you can participate in to help make a difference. Through lectures, films, speakers and get-your-hands-good-and-dirty-type projects, you'll expand your mind, meet new people and do a world of *mitzvot* (good deeds).

The program kicks off on **Tuesday, October 2** with "**Homelessness—Make a Difference!**" from **7:00 – 9:00 pm**. Hosted by Emily Hall with Interfaith Hospitality Network. Join us under the PJCC Sukkah and learn how *you* can make a difference.

## NEW! NEW! NEW! NEW! Bring a Friend Fridays—Third Friday Each Month

Starting **September 21**, Center Members can bring a friend to discover all the PJCC has to offer—and *it's absolutely free!*

Just bring your friend to the Membership Office on any third Friday to get your free guest pass. For more information please call 650.378.2701.



### What's New @ the Center

- New maple hardwood floor in the ECE Multi-Purpose room, thanks to generous Fund-a-Need donors
- A brand new 42-inch Philips LCD color TV in the Adult Lounge
- New shade structure at the ECE helps protect children from the sun
- Two new DirecTV channels, Fox News and MSNBC on the Cardio TVs in fitness areas

### Flu & Pneumonia Shots Tuesday, October 23 Tuesday, November 13 7:30 – 10:30 am



No appointment necessary. Please note: doctor's note required for first trimester pregnancy and children ages

9 – 13 (no children under 9). Medicare billing available for non-HMO seniors with card. Flu shots \$25/pneumonia shots \$35. Pregnant women are required to receive preservative free vaccine (\$30 per flu shot).

### Calling All Mannequins

Can you give us a hand? Or better yet, an entire body! If you don't know what to do with that mannequin taking up space in your garage, please give us a call at 650.212.PJCC (7522).



### 2008 Entertainment Books

Give the gift of fun with the 2008 Entertainment Book. It's full of discounts from local restaurants, hotels, entertainment venues and more. Buy yours today for just \$25 at the Welcome Center.



### Update Your Workout!

Center Members who have been following their original **Jump Start** program can now

update it, FREE! From August 1 – November 30, Center Members can take advantage of free 15-minute Jump Start update sessions. To schedule your appointment, sign up at the Fitness Desk or call 650.378.2775.

### HEALTH & FITNESS OPEN HOUSE!

**Monday, September 24**  
10:00 am – 1:00 pm  
4:00 pm – 7:00 pm



**Volunteer at LatkePalooza!** This Hanukkah, perform a *mitzvah* (good deed) and have a great time—volunteer at the Center's annual Hanukkah celebration on **Sunday, December 9**. From greeting people and serving *latkes* to decorating and planning youth activities, you'll have a ball at this joyous, community-wide event! For more information, contact Becka Boscarino at 650.378.2711.

### PJCC Voted "Best of the Best" Again!

A hearty thank you to readers of *Bay Area Parent Magazine!* For the second year in a row, the PJCC was voted **Best Swim School** and new this year, **Best Private Daycare and Preschool**. We look forward to continue providing you with the "best of the best" for many years to come!

