

Discover programming that awakens your spirit and revitalizes your soul!

LEAPS 'N BOUNDS

Bi-Monthly Publication of the Peninsula Jewish Community Center Adult Department



Films exploring
the best in
Jewish Cinema



Yoo-Hoo Mrs. Goldberg

Sunday, October 16 • 2:00 pm
Board Room • \$5 M / \$6 P* • Code: 30123

Yoo-Hoo Mrs. Goldberg is the funny and surprising story of radio and television pioneer Gertrude Berg. Creator, star and writer of the hit sitcom *The Goldbergs*, Berg was a beloved trailblazer, the Oprah of her day. Berg's blend of comedy and social commentary—with Jewish characters at the center—endeared her to audiences and made her an American cultural icon. (2009, 92 min.)



This program is made possible by the Koret Taube Initiative on Jewish Peoplehood, presenting educational and cultural programs that explore Jewish heritage, identity, and community.

KAISER PERMANENTE® thrive



Wellness Lecture Series

Nutrition Update: Probiotics, Organics, Gluten-free and More!

Presented in partnership with Kaiser Permanente San Mateo and Redwood City Medical Center

Tuesday, September 27 • 10:30 am – 12:00 pm
Board Room • Code: 30374

FREE! • Open to the entire community

Pre-registration is required. Call either the PJCC at 650-212-7522 or Paul Munda at Kaiser, 650-299-4991.

Eating well is essential to leading a healthy life, but the ever-expanding health food market can be overwhelming and confusing. Join Registered Dietitian Brenda Allison-Fay from Kaiser Permanente in San Mateo and Redwood City, as she discusses the latest marketing trends in food and nutritional products.

This is a great opportunity to speak with a registered dietitian about probiotics, fish oils and the benefits of organic vs non-organic foods. Also learn about other hot topics, such as why some people only eat gluten-free foods. Find out which foods are worth your hard-earned dollars and receive tips on how to be a savvy shopper.

Each person attending will be entered in a drawing to win the new cookbook, *EatingWell in Season: The Farmers' Market Cookbook*.

Don't miss "Up Close" at the PJCC!

Enjoy extraordinary music in an intimate setting. See page 11 for details.

Do you love to sing?

Join our new PJCC Community Chorus! See page 10 for details.

FOR YOUR INFORMATION

SHABBAT SHUTTLE

The PJCC offers weekly door-to-door transportation to Friday night services at synagogues on the Peninsula. Make your reservations by calling the PJCC at 650.212.7522 by Wednesday of each week. There is no charge.

This service is made possible by a grant from the Jewish Community Endowment Newhouse Fund of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties.

Shabbat Shuttle

September 2	6:30 pm	Peninsula Temple Beth El
September 9	7:30 pm	Peninsula Temple Sholom <i>Havir Nashir</i>
September 16	6:30 pm	Peninsula Temple Beth El
September 23	7:30 pm	Peninsula Temple Sholom
September 30	————	Second Day Rosh Hashana <i>No services transportation</i>
October 7	————	Kol Nidre <i>No services transportation</i>
October 14	6:30 pm	Peninsula Temple Beth El
October 21	7:30 pm	Peninsula Temple Sholom <i>Havir Nashir</i>
October 28	7:30 pm	Peninsula Temple Beth El

ADULT DEPARTMENT STAFF

Kimberly Gordon, Department Director
 Betty Burr, MA, *Get Up & Go* Program Manager
 Crystal DyFoon, Driver
 Maria Taylor, Driver
 Rhonda Press, LCSW, Adult Program Coordinator
 Debra Reetz, MS, Transportation Coordinator
 Ellen Saliman, MA, MSW, Adult Program Coordinator

REGISTRATION PROCEDURES

1. Call the PJCC at 650.212.7522 and ask to speak with a program assistant. Any fees may be paid by credit card.
 2. You may register for programs that do not involve transportation online using the PJCC web site: www.pjcc.org. Click on "Register Online for Classes." When you find a program in which you are interested, add that course to your basket and follow the instructions to obtain a Login ID and PIN.
 3. You may mail in a check. Be sure to include a note with your name, address and phone number, and the Code for the program. If there is transportation involved, please indicate your pick-up location and seating request if applicable.
- * *Discounts on Non-Member rates available to Foster City residents for these programs. Quantities are limited. To register, call 650.212.7522 to speak with a program assistant.*

VOLUNTEERS

Many thanks to our dedicated volunteers:

Don Belaief	David Nigel
Susan Goldberg	Shirley Rosenberg
Dan Heller	Molly Rosenfeld
Frank Jonas	Martin Schmidt
Ruth Krumbein	Marcy Seidscher
Susan May	Irv Share
Joan Mechalovitz	Harriet Silver
Barbara Mikulic	Cindy Strause
Sandy Morse	Bonnie Taubman



Made possible by THE KORET TAUBE INITIATIVE
 A NEW LOOK AT JEWISH CULTURE AND PEOPLEHOOD

The Circle of Life Fund The Gift That Lives Forever

To learn how you can support the PJCC with a planned gift, contact Art Wolf at 650.378.2759.

A beneficiary agency of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties.

The Peninsula Jewish Community Center acknowledges the Jewish Community Endowment Newhouse Fund, the Senior Excursion Fund, and the Paul and Ruth Steiner Permanent Endowment Fund of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties, as well as the Koret Foundation, for their continued support of Adult programs and transportation.



Programs indicated by this symbol are made possible by The Koret Taube Initiative: A New Look at Jewish Culture and Peoplehood.

GET UP & GO

Get Up & Go is an activity and errand-transportation service for older adults who no longer drive. Programs without transportation are open to all adults. Programs are free for *Get Up & Go* regular participants and PJCC members and \$4 for the public. A low cost lunch is served at 12:00 pm. Advance registration required. Register for *Get Up & Go* programs at 650.378.2750.

Request a schedule and pre-register for transportation by calling 650.378.2750 no later than Wednesday the week before a program or appointment. Transportation is \$6 round trip and \$3 one way.

Volunteer for *Get Up & Go*

Make a difference by helping seniors who may need a driver, a supportive arm or help with shopping or errands. Occasional availability is ok.
Call Betty Burr at 650.378.2698.

Get Up & Go Programs at the PJCC

12:00 pm Lunch with reservations only \$5 M & P
1:00 pm Program Free M**/ \$ 4 P
**(PJCC & Get Up and Go Members)

Richard Fey Presents a Classical Cabaret

Wednesday, September 7 • Code: 30115

Baritone Richard Fey and pianist Richard Helmer present a delightful mix of classical songs from opera and concert repertoires. Fey has sung with many opera companies and has toured widely as a concert artist. In addition to being a musician, Helmer is an ordained Episcopal priest.

**In My Grandmother’s Suitcase—
Jim Van Buskirk**

Wednesday, September 21 • Code: 30116

At the age of 54, Jim Van Buskirk, who had been raised “devoutly Unitarian” but had a lifelong attraction to Judaism, was told by his mother that he is Jewish. She gave him a suitcase filled with photographs, letters, and documents. Examining the contents of his grandmother’s suitcase started him on a search for answers to his family’s history—and his own identity. This audio-visual presentation is adapted from his memoir-in-progress.

Jim Stevens—A Trip Down Memory Lane

Wednesday, October 12 Code: 30117

Jim Stevens is a local singer and songwriter. His repertoire includes well known songs of the 30’s 40’s and 50’s, and Jim invites his audiences to sing along with him. Travel down memory lane in song with Jim and his guitar.

The Last Romance at San Jose Repertory Theater, San Jose

Wednesday, October 26 Code: 30118

Price including transportation: \$25 Get Up & Go participants / \$25 M/\$33 P

Are you ever too old to find love? Life is suddenly a thrill again after 83-year-old Ralph takes a detour from his everyday routine and stumbles headlong into romance. He finds that love’s last round comes with its own set of obstacles.

This trip is made possible by a grant from the community-wide Senior Excursion Fund of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma, for seniors who are mobility, financially or physically impaired and for whom this trip would not otherwise be possible. Qualifying seniors are eligible to participate in one senior excursion per year. Get Up & Go participants will have first priority and registration will open to other qualified seniors on September 1, 2011.

Get Up & Go is supported by gifts to the PJCC, and grants from The Jewish Community Endowment Newhouse Fund; Mills-Peninsula Health Services; the Peninsula Health Care District; Kaiser Permanente; and the Metropolitan Transportation Commission’s New Freedom Fund.

Errand/Appointment Transportation for Non-Driving Older Adults

Every Monday, Tuesday and Friday, *Get Up & Go* provides transportation within San Mateo County for non-driving older adults for medical and personal appointments, shopping and other destinations. Shared-ride service is available for \$5 round trip or \$3 one-way. Volunteer escorts are available. Reservations are required no later than the Wednesday of the week prior to the date of service. First come, first served, so reserve your seat early. Call 650.378.2750.

Mondays: September 12, 19, 26 • October 3, 10, 17, 24, 31

Tuesdays: September 6, 13, 20, 27 • October 4, 11, 18, 25

Fridays: September 2, 9, 16, 23 • October 7, 14, 21, 28

MONDAY

SEPTEMBER FOOD FOR THOUGHT

2:00 pm • PJCC Board Room
Free M / \$4 P* per session • Code: 30103

**September 19: Rosh Hashana—
Birthday of the World**

Rosh Hashana is known as the Jewish New Year. As the celebration of the birthday of the world and of its people, it addresses many universal themes such as creation, responsibility, accountability, judgment and forgiveness.

Join the PJCC's Director of Jewish Life Rabbi Lavey Derby as he explores these significant ideas.

This program is made possible by the Koret Taube Initiative on Jewish Peoplehood, presenting educational and cultural programs that explore Jewish heritage, identity, and community.

OCTOBER FOOD FOR THOUGHT

The Contemporary Jewish Museum Comes to the PJCC

2:00 pm • PJCC Board Room
Free M / \$4 P* per session • Code: 30104

October 3: Reclaimed: Paintings from the Collection of Jacques Goudstikker

Discover the extraordinary legacy of Jacques Goudstikker, a preeminent Jewish art dealer in Amsterdam, whose vast collection of masterpieces fell victim to Nazi looting and was recently reclaimed by his heirs. View dazzling masterworks as you learn the fascinating story of their journey back to their rightful owner.

October 17: Houdini: Art & Magic

Hear about this exhibition which explores how master magician Houdini's role as an American icon was transformed across three centuries: in the late 19th century by the artist's own interpretation of himself; by popular culture in the 20th century; and today by contemporary artists who conjure Houdini as an audacious performer and showman of raw physicality.

Both talks presented by CJM docents.

This program is made possible by the Koret Taube Initiative on Jewish Peoplehood, presenting educational and cultural programs that explore Jewish heritage, identity, and community.

**THE BEST IN CINEMA:
MONDAY AT THE MOVIES**

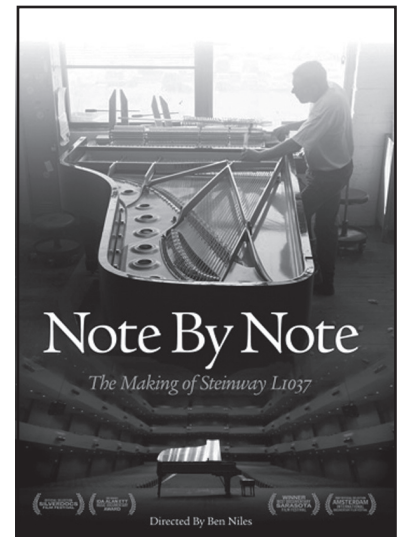
2:00 pm • Board Room
Free M / P Community Program Pass required;
inquire at Welcome Center

Skip the crowded movie theaters and enjoy these award-winning films in a comfortable, intimate setting. A lively discussion follows each film. Registration required as space is limited.

Note by Note: The Making of Steinway L1037

September 12
Code: 30124

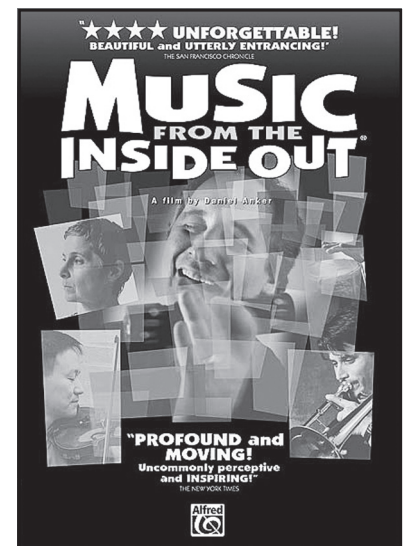
This 2007 documentary chronicles the creation of Steinway pianos and the vanishing breed of craftsmen who build them. Interviews with Lang Lang, Harry Connick Jr., Hank Jones and others highlight how Steinway grand pianos are selected by musicians. (81min.)



Music from the Inside Out

September 26
Code: 30125

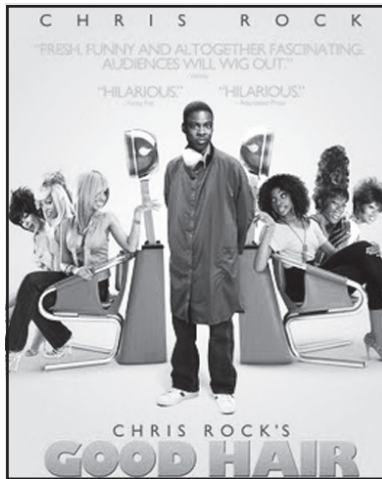
This 2004 Oscar-nominated documentary by filmmaker Daniel Anker blends intimate footage of the Philadelphia Orchestra musicians' personal stories with spectacular group performance clips. Anker reveals the role of the individual artist in a business that's all about teamwork. (90 min.)



Good Hair

October 10
Code: 30126

Actor and comic Chris Rock hops around the world to comb through the mystery of African American hair in this hilarious 2009 documentary. Includes insights from Ice-T, Rev. Al Sharpton, Maya Angelou and other celebrities. (95 min.)



Drop-in Bridge

1:00–3:30 pm • Classroom AB
Free M / \$3 P* per session • Code: 30096

Intermediate players may drop in for a weekly game of afternoon bridge.



Jewish Book Discussion Group

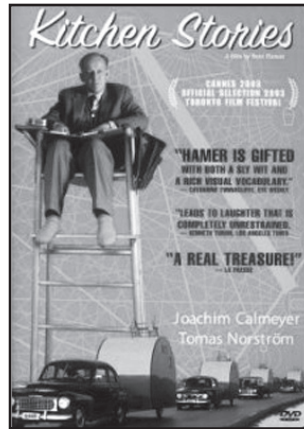
Join other readers for a lively discussion of Jewish-themed books on loan from the Jewish Community Library's *Book Club in a Box*. Facilitator Jim Van Buskirk leads an interesting and intelligent discussion each month.

This program is made possible by The Koret Taube Initiative on Jewish Peoplehood.

Kitchen Stories

October 24 • Code: 30127

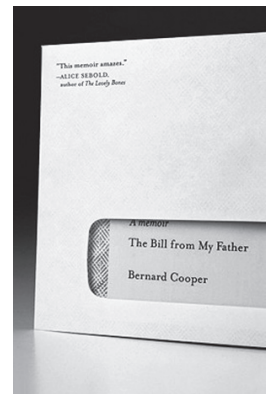
This 2004 comedy starts as a research project in which an observer watches his subject go about his daily routine. But when the two old men break the rule about not talking to each other, they start to forge a friendship stronger than they ever imagined. (95 min.) Norwegian with English subtitles.



The Bill from My Father by Bernard Cooper

Tuesday, September 27
10:30 am – 12:00 pm
Classroom C • Free M / \$4 P*
Code: 30106

The author recounts the story of his father, a high-profile divorce lawyer. Before he dies, Cooper Sr. sends his son an itemized bill for two million dollars for the costs of his upbringing! Cooper's book is a testament to the terrible legacy of bad parenting, written by an ever-hopeful son.



Sit & Knit • Drop-In / All Levels

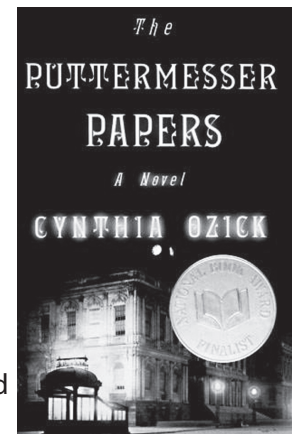
10:30 am – 12:30 pm • Adult Lounge
Free for Everyone • Code: 27712

Many people use knitting and crocheting as a creative outlet and escape from life's hectic pace. All it takes is a pair of knitting needles and yarn.

The Puttermesser Papers by Cynthia Ozick

Tuesday, October 25
10:30 am – 12:00 pm
Classroom C • Free M / \$4 P*
Code: 30107

In a modern urban version of a classic Jewish myth, Ozick offers her take on the Golem (in Jewish folklore, an animated anthropomorphic being, created entirely from inanimate matter).



TUESDAY

Yiddish Club

September 6, 20, October 4, 18
10:30 am – 12:00 pm • Classroom C
Free M / \$3 P* per session • Code: 30122

Keep Yiddish alive with others who share your love of the language, through conversation, songs, movies and food. Fluent Yiddish mastery not required. Peer-led.

WEDNESDAY

Let's Talk About It

2:00–3:15 pm • Classroom C
Free for Everyone • Code: 30108 • No class 09/28

Each week Shirley Rosenberg leads a lively discussion about the events of the day. All opinions are welcome.

SEPTEMBER 2011

SU	MON	TUES	WED	THURS	FRI	SAT
				12:00 pm Beth El Senior Friendship Club 1:00 pm Mah Jongg PJCC Trip MOMA and CJM	Get Up & Go Errands Shabbat Shuttle 6:30 pm Services @ Penin Temple Beth El	
				1	2	3
	PJCC Offices Closed Labor Day	Get Up & Go Errands 10:00 am Int. to Adv. Bridge 10:30 am Yiddish Club 1:00 pm Drop-in Bridge	1:00 pm Get Up & Go at the PJCC 2:00 pm Let's Talk About It 7:00 pm Rabbis' Roundtable	9:00 am HICAP 12:00 pm Beth El Senior Friendship Club 1:00 pm Mah Jongg 7:00 pm Art in Action	Get Up & Go Errands 10:00 am Morning of Mah Jongg 1:00 pm Beg./Adv. Beginning Bridge Shabbat Shuttle 7:30 pm Services @ Penin Temple Sholom	
4	5	6	7	8	9	10
PJCC Trip Rita Moreno	Get Up & Go Errands 10:30 am Sit & Knit 2:00 pm Monday at the Movies 7:30 pm PJCC Community Chorus	Get Up & Go Errands 10:00 am Int. to Adv. Bridge 1:00 pm Drop-in Bridge	2:00 pm Let's Talk About It	12:00 pm Beth El Senior Friendship Club 1:00 pm Mah Jongg	Get Up & Go Errands 1:00 pm Beg./Adv. Beginning Bridge Shabbat Shuttle 6:30 pm Services @ Penin Temple Beth El	8:00 pm Up Close concert
11	12	13	14	15	16	17
	Get Up & Go Errands 10:30 am Sit & Knit Discussion Group for Men 2:00 pm Food for Thought 7:30 pm PJCC Community Chorus	Get Up & Go Errands 10:00 am Int. to Adv. Bridge 10:30 am Yiddish Club 1:00 pm Drop-in Bridge	1:00 pm Get Up & Go at the PJCC 2:00 pm Let's Talk About It	9:30 am HICAP Beth El Senior Friendship Club Excursion 1:00 pm Mah Jongg	Get Up & Go Errands 10:00 am Morning of Mah Jongg 1:00 pm Beg./Adv. Bridge Shabbat Shuttle 7:30 pm Services @ Penin Temple Sholom	
18	19	20	21	22	23	24
	Get Up & Go Errands 10:30 am Sit & Knit 2:00 pm Monday at the Movies 7:30 pm PJCC Community Chorus	Get Up & Go Errands 10:00 am Int. to Adv. Bridge 10:30 am Jewish Book Discussion Group Kaiser Event 1:00 pm Drop-in Bridge	No Let's Talk About It	PJCC Closed First day Rosh Hashana No Beth El Senior Friendship Club	PJCC Closed Second day Rosh Hashana	
25	26	27	28	29	30	

OCTOBER 2011

SU	MON	TUES	WED	THURS	FRI	SAT
						1
	Get Up & Go Errands 10:30 am Sit & Knit 2:00 pm Food for Thought	Get Up & Go Errands 10:00 am Int. to Adv. Bridge 10:30 pm Yiddish Club 1:00 pm Drop-in Bridge	2:00 pm Let's Talk About It	12:00 pm Beth El Senior Friendship Club 1:00 pm Mah Jongg 7:00 pm Art in Action	Get Up & Go Errands 1:00 pm Beg. / Adv. Beginning Bridge No Services Transportation Erev Yom Kippur	PJCC Closed Yom Kippur
2	3	4	5	6	7	8
	Get Up & Go Errands 10:30 am Sit & Knit 2:00 pm Monday at the Movies 7:30 pm PJCC Community Chorus	Get Up & Go Errands 10:00 am Int. to Adv. Bridge 1:00 pm Drop-in Bridge	1:00 pm Get Up & Go at the PJCC 2:00 pm Let's Talk About It	No Beth El Senior Friendship Club PJCC Offices Closed Sukkot	Get Up & Go Errands 10:00 am Morning of Mah Jongg 1:00 pm Beg./Adv. Bridge Prep for the Met Shabbat Shuttle 6:30 pm Services @ Penin Temple Beth El	8:00 pm Up Close Concert
9	10	11	12	13	14	15
Sunday Cinema presents Yoo-hoo Mrs. Goldberg	Get Up & Go Errands 10:30 am Sit & Knit Discussion Group for Men 2:00 pm Food for Thought 7:30 pm PJCC Community Chorus	Get Up & Go Errands 10:00 am Int. to Adv. Bridge 10:30 pm Yiddish Club 1:00 pm Drop-in Bridge	2:00 pm Let's Talk About It	No Beth El Senior Friendship Club PJCC Offices Closed Shemini Atzeret	Get Up & Go Errands 1:00 pm Beg./Adv. Bridge Shabbat Shuttle 7:30 pm Services @ Penin Temple Sholom	
16	17	18	19	20	21	22
	Get Up & Go Errands Ashland trip departs 10:30 am Sit & Knit 2:00 pm Monday at the Movies 7:30 pm PJCC Chorus	Get Up & Go Errands 10:00 am Int. to Adv. Bridge 10:30 am Jewish Book Discussion Group 1:00 pm Drop-in Bridge	1:00 pm Get Up & Go at the PJCC 2:00 pm Let's Talk About It	9:30 pm HICAP 12:00 pm Beth El Senior Friendship Club 1:00 pm Mah Jongg	Ashland trip returns Get Up & Go Errands 10:00 am Morning of Mah Jongg 1:00 pm Beg./Adv. Beginning Bridge Shabbat Shuttle 7:30 pm Services @ Penin Temple Beth El	
23	24	25	26	27	28	29
30	31					

THURSDAY**An Afternoon of Mah Jongg Drop-in Play**

1:00 – 4:00 pm • Classroom AB • Free M / \$3 P*
Code: 30109

For intermediate players. No instructor will be present. Bring your current Mah Jongg card. Pre-registration is suggested.

Beth El Senior Friendship Club

Beth El Senior Friendship Club in conjunction with the PJCC

Group meets at Peninsula Temple Beth El, 1700 Alameda de las Pulgas, San Mateo. Transportation is available depending on location. Cost is \$5 /round trip. Contact Rhonda Press at 650.378-2717 for more information.

12:00 pm Brown Bag Lunch

1:00 pm Program begins

2:00 pm "Afterthoughts" program

September 1

Marcella and Mona Toma present a piano and vocal program with music ranging from the Baroque period to Broadway musicals.

2:00 pm Current Events with David Nigel

September 8

View slides of the exhibit at the Contemporary Jewish Museum featuring the artwork of Charlotte Salomon, a young Jewish artist from Berlin who created an autobiographical series of paintings while hiding from the Nazis in the south of France. She was captured and killed at Auschwitz at the age of 26, but her art lives on.

2:00 pm Current Events with David Nigel

September 15

Bring your bag lunch and enjoy the movie, *Gifted Hands*, featuring Cuba Gooding, Jr.. This is a true story about a brain surgeon who overcame poverty, prejudice and a broken home to change the course of medicine forever. (90 min.)

September 22

Senior Excursion Trip for members of the Beth El Senior Friendship Club.

September 29

No Meeting. Rosh Hashana. Shana Tova.

October 6

No Meeting.

October 13

No Meeting. Sukkot.

October 20

No Meeting. Shemini Atzeret.

October 27

Enjoy a musical program from the South Bay Community Orchestra, and celebrate our October birthdays.

2:00 Current Events with David Nigel

FRIDAY**A Morning of Mah Jongg Drop-in Play**

September 9, 23, October 14, 28 • 10:00 am – 12:00 pm
Classroom AB • Free M / \$3 P* • Code: 30110

For beginning to intermediate level players. No instructor will be present. Bring your current Mah Jongg card. Pre-registration is suggested.

TRIPS**Thursday, September 1****Gertrude Stein at SF MOMA and the CJM**

\$49 M / \$65 P* • Home pick-ups \$10/location

MOMA members deduct \$16 / CJM members deduct \$5
Code: 30113

Spend the day with Gertrude Stein and family. We begin at the Museum of Modern Art with a docent tour of *The Steins Collect: Matisse, Picasso and the Parisian Avant Garde*. This exhibition draws on collections from around the world to reunite the holdings of Stein, her brothers, and her brother's wife. Included are works by Matisse, Picasso, Cezanne, Renoir, Toulouse-Lautrec and many others.

After a no-host lunch, we proceed to the nearby Contemporary Jewish Museum to view *Seeing Gertrude Stein: Five Stories*. This exhibition focuses on Stein's life from the end of WWI through WWII. It explores her public personae, lifestyle, relationships, US tour, and her life in France.

Departures**Returns**

9:10 am	PJCC	3:45 pm
9:30 am	San Carlos train	3:30 pm
9:45 am	5th & El Camino**	3:15 pm
9:50 am	Peninsula Regent	3:10 pm
10:00 am	Woodlake	3:00 pm

**EastWest Bank

Sunday, September 11

Rita Moreno: Life Without Makeup

Berkeley Repertory Theatre • \$28 M / \$36 P*

Home pickups \$10/location • Code: 30120

Departures

PJCC	11:15 am
San Carlos train	11:30 am
5th & El Camino**	11:45 am
Peninsula Regent	11:50 am
Woodlake	12:00 pm

**EastWest Bank



Thursday, December 1

Cirque du Soleil presents Totem

At&T Park, San Francisco

\$95 M/\$124 P* • Home pick-ups \$10/locatio

Code: 30799

TOTEM traces the fascinating journey of the human species from its original amphibian state to its ultimate desire to fly. The characters evolve on a stage evoking a giant turtle, the symbol of origin for many ancient civilizations. Inspired by many founding myths, TOTEM illustrates, through a visual and acrobatic language, the evolutionary progress of our species.

Departures

Returns

2:10 pm	PJCC	8:00 pm
2:30 pm	San Carlos train	7:45 pm
2:45 pm	5th & El Camino**	7:30 pm
2:50 pm	Peninsula Regent	7:25 pm
3:00 pm	Woodlake	7:15 pm

**EastWest Bank



October 24 – 28

Ashland Shakespeare Festival 2011

M \$950 single / \$1,230 double

P \$1,100 single / \$1,380 double

Code: 29284

Trip includes: 4 nights at the Ashland Springs Hotel & daily breakfast • Welcome dinner • Optional trip to Crater Lake • Private discussions with Shakespeare Festival members • Deluxe motorcoach transportation from the Contra Costa JCC • Round trip transportation to the Contra Costa JCC • Tickets to *Measure for Measure* by William Shakespeare, *Julius Caesar* by William Shakespeare, *August Osage County* by Tracy Letts, and *The Imaginary Invalid* by Moliere and *Ghost Light*, a new play by Tony Taccone, conceived and developed by Jonathan Moscone and Tony Taccone.

Trip is co-sponsored with the Contra Costa and Oshman Family JCCs.



San Francisco Ballet 2012 Repertory Season

Enjoy the beauty of ballet (and good seats!) with this special Saturday matinee five subscription series just for older adults ages 62 and up. First performance is in February. Tickets available with or without transportation. For programs and rates call 650.212.PJCC (7522).



San Francisco Senior Symphony Series 2011–2012



The SF Symphony celebrates its 100th anniversary this season. Single tickets available for select performances. For programs and rates call 650.212.PJCC (7522).



CLASSES AT THE PJCC

Art in Action NEW!

Thursdays • 7:00 – 9:00 pm

Art Room • \$25 M/\$30 P* per session

Learn how artists use their art to reflect themselves and their ideas about the world. In each session, you'll examine a work by a well-known artist and then use different media to create your own work based on that artist's style. No experience necessary. Materials are included in class fee. Instructor Courtney Carreras is a multi-media artist who has worked as a docent teaching art at Central Elementary school in Belmont.



Class dates	Artist studied	Code
September 8	Paul Klee	30097
October 6	Li Tang	30098
November 10	Paul Cezanne	30099
December 8	El Greco	30100

Prep for the Met

Fridays • October 14, November 18 and December 9 • 1:00 – 2:30 pm • Board Room Series: \$28 M/\$40 P* Drop-in: \$11 M/\$15 P* (3 classes) • Code: 30119

Learn how the libretto, music and spectacle of the theatre combine to create masterpieces. Hear the stories and scandals behind the great operas and be prepared when you attend the LIVE AT THE MET OPERA performances at local theatres. Deborah Rosengaus has performed internationally and holds a Bachelor's degree from the University of Southern California Thornton School of Music and a Masters in Vocal Performance from the Manhattan School of Music.

October 14: Anna Bolena by Donizetti

November 18: Satyagraho by Philip Glass

December 9: Faust by Gounod

PJCC Community Chorus NEW!

**Mondays, September 12 – November 14
7:30 – 9:00 pm • ECE Multi-purpose Room
\$100 M / \$130 P* • Code: 30102**

Do you love to sing? Come join our new PJCC Community Chorus. We're looking for all voice parts. High School students on up. We'll sing everything from classical to international folk songs with some musical theater thrown in for fun. No musical training is necessary, just the ability to carry a tune. Instructor: Deborah Rosengaus, choir director, opera singer, and vocal teacher holds a Master's Degree in Vocal Performance from the Manhattan School of Music. She is currently singing with The Pocket Opera of San Francisco and San Jose Opera.

Beginning and Advanced Beginning Bridge

**Fridays, September 9 – October 28 (No class 9/30)
1:00 – 3:00 pm • Classroom AB
\$93 M / \$121 P* Code: 30095**

Beginning to Advanced Beginning Bridge students are welcome and will learn the current basics of Contract Bridge with an emphasis on bidding and the play of the hand. Instructor: Sandy Dennison

Intermediate to Advanced Bridge with Supervised Play

**Tuesday, September 6 – October 25
10:00 – 12:00 pm • Classroom AB
\$106 M / \$138 P* Code: 30105**

Learn more about bidding and additional conventions. Instructor: Sandy Dennison

A Discussion Group for Men

**Mondays, 9/19 and 10/17 • 10:30 – 12:00 pm
Classroom AB • Free M / \$3 P* per session
September Code: 30111 • October Code: 30112**

All men are welcome, regardless of age or viewpoint. The focus of this group is on intelligent conversation, not arguing or therapy. The group is peer-led.

EVENTS

The Rabbis' Roundtable

Wednesday September 7 • 7:00-8:30 pm

Board Room • \$7 M / \$10 P* • Code: 30080

The climax of the High Holiday prayers is the "U'netaneh Tokef," in which people plaintively chant "Who shall live and who shall die?" and pray to be written in the Book of Life for the coming year. Four senior spiritual leaders of North Peninsula synagogues will engage in a discussion moderated by Rabbi Lavey Derby on the meaning and relevance of this central and well-known prayer. In the course of the conversation they will share their own beliefs about good and evil, reward and punishment, forgiveness and free will, and the nature of God.

Participants will include **Rabbi Dennis Eisner** of Peninsula Temple Beth El, **Rabbi Nat Ezray** of Congregation Beth Jacob, **Rabbi Daniel Feder** of Peninsula Temple Sholom and **Rabbi Corey Helfand** of Peninsula Sinai Congregation.

"Up Close" at the PJCC**The Mads Tolling Quartet**

Saturday, September 17 • 8:00 pm

PJCC Lobby • \$20 M / \$25 P* / \$25 Door

Code: 30128

Expect fresh, innovative and captivating music inspired by the likes of Herbie Hancock, Thelonious Monk and Led Zeppelin. Includes a "Meet the Artist" dessert reception.

"Up Close" at the PJCC**The Wayne Wallace Latin Jazz Quintet**

Saturday, October 15 • 8:00 pm

PJCC Lobby • \$20 M / \$25 P* / \$25 Door

Code: 30129

Trombonist Wayne Wallace's skills as a musician, bandleader, composer and arranger have earned him six Grammy nominations. Enjoy Afro-Caribbean rhythms layered with modern jazz harmonies. Includes "Meet the Artist" dessert reception.



IN THE COMMUNITY

Adult Department Seeking Volunteers

Do you love books? Take pride in your organizational skill? Want to provide a great service to the PJCC? Please consider becoming the librarian for our Adult Lounge.

Have a few hours to spare per month? Miss working in an office setting? Comfortable with computers? We're looking for assistance with data entry.

Both volunteer opportunities are flexible to fit your schedule and require a commitment of only 3 or 4 hours per month. Interested? Call Kimberly Gordon 650-378-2751 for more information.

PJCC Dinner Group

Join the PJCC dinner group for an evening of lively conversation and delicious food. Dinners take place the first Tuesday of the month and are organized by a different member each month.

For details, contact Diane Shemanski at 573-9210 or das858@webtv.net or Susan Smernoff at 861-0647 or susan@auricalcompany.com

Confused about Medicare? Get free Medicare counseling from a HICAP counselor at the PJCC.

HICAP (Health Insurance Counseling and Advocacy Program) is a state-sponsored volunteer program that provides unbiased counseling and advocacy to Medicare beneficiaries, their families or representatives about their Medicare needs. HICAP counselors do not sell, endorse or recommend any specific insurance product.

Topics include:

Original Medicare, part A & B / Medigap & Medicare Advantage plans / Prescription Drug Plans including applying for "Extra Help" with Prescription Costs / Medicare Savings Programs / Employee Group Health Coverage / Retiree Health Insurance / Medi-Cal Long-term Care Insurance

Appointments are available at the PJCC from 9:30 – 11:30 am on the 2nd and 4th Thursday of each month. Call 800.434.0222 or 650.627.9350.



LOCAL HELP FOR PEOPLE WITH MEDICARE

HICAP of San Mateo County is sponsored by Self-Help for the Elderly, a non-profit organization dedicated to promoting the independence, dignity and self-worth of senior citizens. Non-profit ID# 94-1750717

Peninsula Jewish
Community Center
800 Foster City Blvd.
Foster City, CA 94404



Non-Profit Organization
U.S. Postage PAID
Permit No. 822
San Mateo, CA 94402

Don't miss these NEW activities!

Art in Action

Thursdays • September 8, October 6, November 10,
December 8 • 7:00 – 9:00 pm

No experience necessary! In each session, you'll examine a work by a well-known artist and then use different media to create your own work based on that artist's style.

See page 10 for more details!

PJCC Community Chorus

Mondays, September 12 – November 14
7:30 – 9:00 pm

Do you love to sing? Come join our new PJCC Community Chorus. We're looking for all voice parts. No musical training is necessary, just the ability to carry a tune.

See page 10 for more details!

The PJCC wishes you a sweet year!

Sending you wishes for
peace, good health and happiness
on Rosh Hashanah.

