



PJCC OUTDOOR Pool Schedule – February 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 – 7:00 am Open Swim (1) Lap (4) Masters Swim @ 6:00 am (3)	5:00 – 10:00 am Open Swim (2) Lap (6)	5:00 – 7:00 am Open Swim (1) Lap (4) Masters Swim @ 6:00 am (3)	5:00 – 10:00 am Open Swim (2) Lap (6)	5:00 – 7:00 am Open Swim (1) Lap (4) Masters Swim @ 6:00 am (3)	7:00 am – 12:30 pm Open Swim (2) Lap (6)	7:00 am – 7:30 pm Open Swim (2) Lap (6)
7:00 – 10:00 am Open Swim (2) Lap (6)	10:00 am – 2:00 pm Open Swim (1) Lap (6) Water Walking (1)	7:00 – 10:00 am Open Swim (2) Lap (6)	10:00 am – 2:00 pm Open Swim (1) Lap (6) Water Walking (1)	7:00 – 10:00 am Open Swim (2) Lap (6)	12:30 – 1 pm \$ Pre-Swim Team (3) Lap (5)	7:30 - 8:00 pm POOL CLOSED
10:00 am – 2:00 pm Open Swim (1) Lap (6) Water Walking (1)	2:00 – 4:00 pm Open Swim (2) Lap (6)	10:00 am – 2:00 pm Open Swim (1) Lap (6) Water Walking (1)	2:00 – 4:00 pm Open Swim (2) Lap (6)	10:00 am – 2:00 pm Open Swim (1) Lap (6) Water Walking (1)	1 – 7:30 pm Open Swim (2) Lap (6)	
2:00 – 4:00 pm Open Swim (2) Lap (6)	4:00 – 6:30 pm Open Swim (1) \$ Swim Team (4) Lap (3)	2:00 – 4:00 pm Open Swim (2) Lap (6)	4:00 – 6:30 pm Open Swim (1) \$ Swim Team (4) Lap (3)	2:00 – 4:00 pm Open Swim (2) Lap (6)	7:30 - 8:00 pm POOL CLOSED	
4:00 – 6:30 pm Open Swim (1) \$ Swim Team (4) Lap (3)	6:30 – 7:30 pm Open Swim \$ Pre-Swim Team (2) Lap (6)	4:00 – 6:30 pm Open Swim (1) \$ Swim Team (4) Lap (3)	6:30 – 7:30 pm Open Swim \$ Pre-Swim Team (2) Lap (6)	4:00 – 6:30 pm Open Swim (1) \$ Swim Team (4) Lap (3)		
6:30 – 10:30 pm Open Swim (2) Lap (6)	7:30 – 10:30 pm Open Swim (2) Lap (6)	6:30 – 10:30 pm Open Swim (2) Lap (6)	7:30 – 10:30 pm Open Swim (2) Lap (6)	6:30 – 9:30 pm Open Swim (2) Lap (6)		
10:30 – 11:00 pm POOL CLOSED	10:30 – 11:00 pm POOL CLOSED	10:30 – 11:00 pm POOL CLOSED	10:30 – 11:00 pm POOL CLOSED	9:30 - 10:00 pm POOL CLOSED		

(\$) = Fee based class; registration required. For more information, contact the Aquatics Registration Desk at 650.378.2782 or aquatics@pjcc.org. Schedule subject to change.

Lap Swim — Ages 13 and up only. Must be able to swim continuous laps.

Open Swim — Play, swim and relax with family and friends. All children under the age of 13 **MUST** be accompanied by an adult on site at the pool. All children under the age of three or any age child not fully potty trained **MUST** wear a nylon swim diaper under their swim suit. Please review the pool rules before swimming.

Water Walking — This is a low impact exercise in which the participant walks in the water. This is a self-driven exercise time.

Masters Swim – This coached workout time is for members only. No registration required, drop-in's welcome.

Pre-Swim Team (\$) – Pre-Swim Team (Seals level) is a group lesson class that is the final swim lesson level of our award winning group lesson program. This class builds endurance and refines technique while also teaching your child the fundamentals necessary to be on the Swim Team. For registration please contact Aquatics Registration Desk 650.378.2782.

Swim Team (\$) — Swim team is for youths ages 5-17 who want to prepare for and participate in competition. Bronze, Silver and Gold level teams are offered depending on ability and experience. For registration please contact Sports and Recreation 650.378.2777.