

Yoga Class Sign-up System

Effective Wednesday June 1, 2011

Due to popularity, admission into the yoga classes listed below will be on a first come, first served, numbered card system.

- **Vinyasa Yoga** Tuesday 9:30 am
- **Restorative Yoga** Tuesday 11:15 am
- **Vinyasa Yoga** Thursday 9:30 am
- **Restorative Yoga** Friday 11:15 am
- **Vinyasa Yoga** Saturday 9:00 am

- Pick up a numbered card at the Welcome Center. Cards will be issued beginning 30 minutes before the class begins. *Cards will not be issued before then and once class begins.*
- Only one card per person will be issued.
- Upon arrival to class, give the instructor your card.
- Class is closed to additional students once class has begun.
- Maximum class sizes: Vinyasa 25, Restorative 15
- For your safety, please do not bring personal items to class. Please use lockers in locker rooms.

For questions or concerns, contact Michele Mandell at 650.378.2771 or mmandell@pjcc.org.



Peninsula Jewish Community Center

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